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A Critical Review on *Chandraprabha Vati* - An Ayurvedic Formulation

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ABSTRACT

Herbal and herbo-mineral medicines are been widely used in *Ayurveda*. It has mentioned indications covering in a broader way. *Rasa Oushadhi* plays an important role in *Ayurveda* because of its rejuvenating property along with it provides immunization, long shelf life, and greater efficacy even when given in a low dose. One such classical multi-ingredient herbo- mineral *Ayurvedic* formulation is *Chandraprabha Vati*. It has many pharmaco-therapeutical applications. It is formulated with broad spectrum activity and is indicated in various diseases like *Prameha*, *Arbudha*, *Artava*, *Mutra Vikaras*, *Arshas* etc. Many formulations are mentioned in the name of *Chandraprabha Vati*. *Chandraprabha Vati* is *Rasayana*, *Balya*, *Tridosha Shamaka* properties and also acts as catalyst. It is truly a medicine for all diseases and hence called as *Sarvaroga Pranashini* and is also been used in ailments of reproductive health in both men and women. Certain researches have been done regarding its hypotensive and hypoglycemic properties. It also provides immunity and strength to the body due to *Rasayana*. In this study an attempt is made to gather and analyze the formulation having different varieties of *Chandraprabha Vati* from various classics along with its insight in their ingredients, dosage, indication and mode of action and its applications.

Key words: *Chandraprabha Vati*, herbo-mineral, *Prameha*, *Rasayana*, *Sarva Roga Hara*

INTRODUCTION

Ayurveda the epitome of science aims with prevention of diseases and promotion of health. Administration of drugs in compound formulation can enhance the response and were made to improve the palatability. One such formulation is *Chandraprabha Vati* which comes under *Khalveya Rasa* and they are combination of herbal and mineral products. Though been a *Khalveya*

Rasa it preserves the properties of herbal components. The word *Chandraprabha* comes from the word *Chandra* meaning moon and *Prabha* means luster, so which gives luster like that of moon is called as *Chandraprabha*.^[1]

AIMS AND OBJECTIVES

1. To put an insight on various references and indications of *Chandraprabha Vati*
2. To understand the mode of action of *Chandraprabha Vati*

MATERIALS AND METHODS

The material is taken from various texts like *Bhaishajya Ratnavali*, *Sharangdhara Samhita*, *Yogaratanakara*, *Rasayogasagara*, *Rasaratna Samucchaya*, *Rasendra Sara Sangraha*, *Bhavaprakasha*, *Gada Nigraha*, *Ayurveda Sara Sangraha*, *Brihat Rasarajasundaram*, articles, books etc.

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LITERATURE REVIEW

Table 1: Similar references of *Chandraprabha Vati* in different books

SN	Name of the book	Same book references
1.	<i>Sharangdhara Samhita</i>	AFI, <i>Bharat Bhaishajya Ratnakar</i> , <i>Rasa Yogasagara</i>
2.	<i>Bhaishajya Ratnavali</i>	-
3.	<i>Yogaratanakara</i>	<i>Bhaishajya Ratnavali</i>
4.	<i>Rasa Ratna Samucchya</i>	<i>Bharat Bhaishajya Ratnakar</i> , <i>Rasa Yogasagara</i>
5.	<i>Rasendra Sara Sangraha</i>	<i>Rasa Yoga Sagara</i>
6.	<i>Bhavaprakasha</i>	<i>Bharat Bhaishajya Ratnakar</i> , <i>Rasendra Sara Sangraha (Arsha Chikitsa)</i>
7.	<i>Gada Nigraha</i>	<i>Bharat Bhaishajya Ratnakar</i>
8.	<i>Bhrihat Rasaraja Sundara</i>	<i>Rasa Yoga Sagara</i>
9.	<i>Bhrihat Rasaraja Sundara</i>	-
10.	<i>Ayurveda Sara Sangraha</i>	-
11.	<i>Rasa Yoga Sagara</i>	-

Indications

Chandraprabha Vati is indicated in wide variety of diseases

Table 2: Indications of *Chandraprabha Vati*

Name of the book	Indications
<i>Sharangdhara Samhita</i> ^[2]	20 types of <i>Prameha</i> , <i>Mutraghata</i> , <i>Mutrakrichra</i> , <i>Ashmari</i> , <i>Vibhanda</i> , <i>Anaha</i> , <i>Shoola</i> , <i>Granthi</i> , <i>Arbuda</i> , <i>Antravidhi</i> , <i>Katishula</i> , <i>Swasa</i> , <i>Kasa</i> , <i>Vicharchika</i> , <i>Andavridhi</i> , <i>Pandu</i> , <i>Kamala</i> , <i>Halimaka</i> , <i>Kushta</i> , <i>Arshas</i> , <i>Kandu</i> , <i>Pliha</i> , <i>Udara</i> , <i>Bhagandhara</i> , <i>Danta Roga</i> , <i>Netra Roga</i> , <i>Mandagni</i> , <i>Aruchi</i> , <i>Vata Pitta Kapha Vyadhi Hara</i> , <i>Strinaam Artavam Rujam</i> , <i>Pumsam Sukragataan Doshanam</i>
<i>Bhaishajya Ratnavali</i> ^[3]	20 types of <i>Prameha</i> , 8 types of <i>Mutrakrichra</i> , 4 types of <i>Ashmari</i> , 13 types of <i>Mutraghata</i> , <i>Swasa</i> , <i>Kasa</i> , <i>Antra Vridhi</i> , <i>Pandu</i> , <i>Kamala</i> , <i>Halimaka</i> , <i>Kushta</i> , <i>Mandagni</i> , <i>Aruchi</i> , <i>Vata Pitta Kapha Vyadhi Hara</i>
<i>Yogaratanakara</i> ^[4]	<i>Arshas</i> , <i>Pradara</i> , <i>Jwara</i> , <i>Nadivrana</i> , <i>Ashmari</i> , <i>Vidradi</i> , <i>Agnimandhya</i> , <i>Udara</i> , <i>Pandu</i> , <i>Kamala</i> , <i>Bhagandara</i> , <i>Pitika</i> , <i>Gulma</i> , <i>Prameha</i> , <i>Aruchi</i> , <i>Reto Dasha</i> , <i>Ura-Kshata</i> , <i>Kapha Vata Pitta disorders</i>
<i>Rasaratna Samucchaya</i> ^[5]	<i>Prameha Hara</i>
<i>Rasendra Sara Sangraha</i> ^[6]	<i>Sarva Meha Hara</i>

<i>Bhavaprakasha</i> ^[7]	6 types of Arshas, Bhagandara, Kamala, Pandu, Mandagni, Nasa Roga, Marmagata vrana, Granthi, Arbudha, Vidradhi, Rajayakshma, Prameha, Yoni Roga, Pradara, Sukra Kshaya, Ashmari, Mutrakrichra, Bahumutrata, Udara, Vata Pitta Kapha Vyadhi Hara
<i>Gada Nigraha</i> ^[8]	6 types of Arshas, Gulma, Sosha, Kshaya, Kamala, Nadi Dourbalya, Marma Roga, Jalodara, Dirgha Kaleena Jwara, Vidradhi, Yakshma Roga, Bhagandara, Pandu, Granthi, Arbudha, Shlipada, Prameha, Shukra Nasha, Ashmari, Mandagni, Jaravyadhi Nashanam, Kapha Vata Pitta Vyadhi Hara
<i>Brihat Rasaraja Sundaram</i> ^[9]	Pandu, Bhagandara, Mutrakrichra, Prameha, Kshaya, Kasa
<i>Brihat Rasaraja Sundaram</i> ^[10]	Tridoshaja Atisara, Jwara
<i>Ayurveda Sara Sangraha</i> ^[11]	Prameha, Prameha Upadrava, Bahumutrata, Sveta Pradara, Virya Dosha, Mutrakrichra, Mutraghata, Ashmari, Bhagandara, Antra Vriddhi, Pandu, Asrhas, Katishoola,
<i>Rasa Yoga Sagara</i> ^[12]	Shwitra Kushta

Table 3: Drugs mentioned in *Chandraprabha Vati* from different authors

Drugs	Sh.Sa	B. R	Y. R	R.R. S	R.Sa. S	Bh. P	Ga.Ni	B.R.Su	B.R.Su	Ay.Sa.S	R.Yo.Sa
<i>Chandraprabha (Karpura)</i>	+	+	-	+	+	-	-	-	-	-	-
<i>Vacha</i>	+	+	+	-	-	+	+	+	-	+	-
<i>Musta</i>	+	+	+	-	-	+	+	+	-	+	-
<i>Bhunimba</i>	+	+	+	-	-	+	+	+	-	+	-
<i>Amrita (Guduchi)</i>	+	-	-	-	-	-	-	+	-	+	-
<i>Devadaru</i>	+	+	+	-	-	+	+	+	-	+	-
<i>Haridra</i>	+	+	+	-	-	+	+	+	-	+	-
<i>Ativisha</i>	+	+	+	-	-	+	+	+	-	+	-
<i>Darvi</i>	+	+	-	-	-	-	-	-	-	-	-
<i>Pippalimula</i>	+	+	+	-	-	+	+	+	-	+	-
<i>Chitraka</i>	+	+	+	-	-	+	+	+	-	+	-
<i>Dhanyaka</i>	+	+	-	-	-	+	+	+	-	+	-
<i>Amlaki</i>	+	+	+	+	-	+	+	+	-	+	-
<i>Vibhitaki</i>	+	+	+	-	-	+	+	+	-	+	-

<i>Haritaki</i>	+	+	+	-	-	+	+	+	-	+	-
<i>Chavya</i>	+	+	+	-	-	-	+	-	-	+	-
<i>Vidanga</i>	+	+	-	-	-	+	+	+	-	+	-
<i>Gajapippali</i>	+	+	-	-	-	+	+	+	-	+	-
<i>Shunti</i>	+	+	+	-	-	+	+	+	-	+	-
<i>Maricha</i>	+	+	+	-	-	+	+	+	-	+	-
<i>Pippali</i>	+	+	+	-	-	+	+	+	-	+	-
<i>Swarna Makshika</i>	+	+	+	-	-	+	+	+	-	+	-
<i>Yava Kshara</i>	+	+	+	-	-	+	+	+	-	+	-
<i>Sarja Kshara</i>	+	+	+	-	-		-	+	-	+	-
<i>Saindhava Lavana</i>	+	+	+	-	-	+	+	+	-	+	-
<i>Sauvarchala Lavana</i>	+	+	+	-	-	-	-	+	-	+	-
<i>Vida Lavana</i>	+	+	+	-	-	-	-	-	-	+	-
<i>Trivrit</i>	+	+	-	-	-	+	+	-	-	-	-
<i>Danti</i>	+	+	+	-	-	+	-	+	-	+	-
<i>Patra</i>	+	+	+	-	-	+	+	+	-	+	-
<i>Twak</i>	+	+	+	-	-	+	+	-	-	+	-
<i>Ela</i>	+	+	+	-	+	+	+	+	-	+	-
<i>Vamsalochana</i>	+	+	-	-	-	-	+	+	-	+	-
<i>Loha Bhasma</i>	+	+	+	-	+	+	+	+	-	+	-
<i>Sita</i>	+	+	-	+	+	+	+	+	-	+	-
<i>Shudha Shilajatu</i>	+	+	+	-	-	+	+	+	-	+	-
<i>Guggulu</i>	+	+	+	-	-	+	+	+	-	+	-
<i>Kadali</i>	-	-	+	-	-	-	-	-	-	-	-
<i>Shati (Kachura)</i>	-	-	+	-	-	+	+	+	-	+	-
<i>Syama</i>	-	-	+	-	-	-	-	-	-	-	-
<i>Tvakshiri</i>	-	-	+	-	-	-	-	-	-	+	-

<i>Varana</i>	-	-	+	-	-	-	-	-	-	-	-
<i>Bola Churna</i>	-	-	-	+	-	-	-	-	-	-	-
<i>Jatiphala</i>	-	-	-	+	+	-	-	-	-	-	-
<i>Yashtimadhu</i>	-	-	-	+	+	-	-	-	-	-	-
<i>Khadira</i>	-	-	-	+	+	-	-	-	-	-	-
<i>Puga</i>	-	-	-	+	-	-	-	-	-	-	-
<i>Kasisa</i>	-	-	-	+	-	-	-	-	-	-	-
<i>Dadima</i>	-	-	-	+	-	-	-	-	-	-	-
<i>Mudgaparni</i>	-	-	-	+	-	-	-	-	-	-	-
<i>Mashaparni</i>	-	-	-	+	-	-	-	-	-	-	-
<i>Dhatura Beeja</i>	-	-	-	+	-	-	-	-	-	-	-
<i>Amlavetasa</i>	-	-	-	+	+	-	-	-	-	-	-
<i>Jatikosa</i>	-	-	-	-	+	-	-	-	-	-	-
<i>Lavanga</i>	-	-	-	-	+	-	-	-	-	-	-
<i>Madhuka</i>	-	-	-	-	+	-	-	-	-	-	-
<i>Dhatri</i>	-	-	-	-	+	-	-	-	-	-	-
<i>Shatapuspa</i>	-	-	-	-	+	-	-	-	-	-	-
<i>Rasa Sindoora</i>	-	-	-	-	+	-	-	-	-	-	-
<i>Kantakari</i>	-	-	-	-	+	-	-	-	-	-	-
<i>Abraka Bhasma</i>	-	-	-	-	+	-	-	-	+	-	-
<i>Naga Bhasma</i>	-	-	-	-	+	-	-	-	-	-	-
<i>Vanga Bhasma</i>	-	-	-	-	+	-	-	-	-	-	-
<i>Jatamansi</i>	-	-	-	-	-	-	+	-	-	-	-
<i>Daruharidra</i>	-	-	-	-	-	-	+	+	-	-	-
<i>Amaraharidra</i>	-	-	-	-	-	-	+	-	-	-	-
<i>Gokshuru</i>	-	-	-	-	-	-	-	-	-	+	-
<i>Sveta Chandana</i>	-	-	-	-	-	-	-	-	-	+	-

Big Ela	-	-	-	-	-	-	-	-	-	+	-
Kabab Chinni	-	-	-	-	-	-	-	-	-	+	-
Shudha Parada	-	-	-	-	-	-	-	-	+	-	+
Shudha Gandhaka	-	-	-	-	-	-	-	-	-	-	+
Bakuchi Beeja Churna	-	-	-	-	-	-	-	-	-	-	+
Khadira Sara	-	-	-	-	-	-	-	-	+	-	-
Mocharasa	-	-	-	-	-	-	-	-	+	-	-
Swarna Bhasma	-	-	-	-	-	-	-	-	+	-	-

Table 4: Anupana, Bhavana and Prakshepaka Dravyas according to different authors are given below.

Reference	Name	Prakshepaka Dravya	Bhavana Dravya	Anupana
Sharangdhara Samhita / AFI	Chandraprabha Vati/ Chandraprabha Guggulu Vati	-	-	-
Bhaishajya Ratnavali	Chandraprabha Vatika	-	-	-
Yogaratanakar	Chandraprabha Gudika	-	-	Takra, Mastu, Go Ghrita, Madhu, Mamsa Rasa
Rasa Ratna Samucchya	Chandraprabha Vati	-	Dadhi, Dugdha, Tumbi Rasa, Laangali Rasa, Mudgaparni Rasa,	Mehahara Anupana
Rasendra Sara Sangraha	Chandraprabha Vatika	-	Laangali Rasa, Mesha Dugdha, Nagavalli Rasa	Kashaya prepared with Dhatri, Patola, Guduchi Kashaya and added with 1 Tola of Madhu
Bhavaprakasha	Chandraprabha Vati/Gutika	-	Ghrita	Takra, Mastu, Dadhi, Shita Jala
Gada Nigraha	Chandraprabha Gutika	-	-	-
Brihat Rasaraja Sundaram	Chandraprabha Vati	-	-	Jeeraka
Brihat Rasaraja Sundaram	Chandraprabha Vati	-	-	-
Ayurveda Sara Sangraha	Chandraprabha Vati	-	Guduchi Swarasa for 3 days	Guduchi Kwatha, Daruharidra Rasa, Bilwapatra Rasa, Gokshura

				Kwatha, Madhu, Dharoshna Kshira
Rasa Yoga Sagara	Chandraprabha Vati	-	Gomutra	Udumbarika Mula, Jala, Takra

Commonly available formulation of *Chandraprabha Vati* in market is from *Sharangdhara Samhita* and *Bhaishajya Ratnavali* which is also mentioned in AFI. Drugs used in *Sharangdhara Samhita* are listed below

Table 5

SN	Drug name	Quantity
1.	<i>Chandraprabha (Karpura)</i>	3 gms (1 shana)
2.	<i>Vacha</i>	3 gms (1 shana)
3.	<i>Musta</i>	3 gms (1 shana)
4.	<i>Bhunimba</i>	3 gms (1 shana)
5.	<i>Amrita (Guduchi)</i>	3 gms (1 shana)
6.	<i>Suradaru</i>	3 gms (1 shana)
7.	<i>Haridra</i>	3 gms (1 shana)
8.	<i>Ativisha</i>	3 gms (1 shana)
9.	<i>Darvi</i>	3 gms (1 shana)
10.	<i>Pippalimula</i>	3 gms (1 shana)
11.	<i>Chitraka</i>	3 gms (1 shana)
12.	<i>Dhyanaka</i>	3 gms (1 shana)
13.	<i>Amlaki</i>	3 gms (1 shana)
14.	<i>Haritaki</i>	3 gms (1 shana)
15.	<i>Vibhitaki</i>	3 gms (1 shana)
16.	<i>Chavya</i>	3 gms (1 shana)
17.	<i>Vidanga</i>	3 gms (1 shana)
18.	<i>Gajapippali</i>	3 gms (1 shana)
19.	<i>Shunti</i>	3 gms (1 shana)

20.	<i>Maricha</i>	3 gms (1 shana)
21.	<i>Pippali</i>	3 gms (1 shana)
22.	<i>Makshika</i>	3 gms (1 shana)
23.	<i>Sarja Kshara</i>	3 gms (1 shana)
24.	<i>Yava Kshara</i>	3 gms (1 shana)
25.	<i>Saindhava lavana</i>	3 gms (1 shana)
26.	<i>Souvarchala lavana</i>	3 gms (1 shana)
27.	<i>Vida lavana</i>	3 gms (1 shana)
28.	<i>Trivrit</i>	12 gms (1 karsha)
29.	<i>Danti</i>	12 gms (1 karsha)
30.	<i>Patraka</i>	12 gms (1 karsha)
31.	<i>Tvak</i>	12 gms (1 karsha)
32.	<i>Ela (Sukshma ela)</i>	12 gms (1 karsha)
33.	<i>Vamslochana (Vamsa)</i>	12 gms (1 karsha)
34.	<i>Loha</i>	24 gms (2karsha)
35.	<i>Sita</i>	48 gms (4karsha)
36.	<i>Shilajatu</i>	96 gms (8 karsha)
37.	<i>Guggulu</i>	96 gms (8 karsha)

Method of preparation according to *Sharangdhara Samhita*

The *Churna Dravyas* are powdered and mixed well. In a vessel filled with warm water add *Shudha Shilajatu* and *Shudha Guggulu* stir and melt it. After melting keep the vessel from fire and allow it to cool. Then, add all the above powdered drugs with it and make it into a fine bolus. Add rest of *Bhasma Dravyas* along with *Sharkara*. With the mixture add little warm water and

make a fine mixture. Roll the pills and keep it in shade for drying.

DISCUSSION

Chandraprabha Vati is one of the important formulations used in the classics. It is considered as *Sarva Roga Pranaashini* which cures all types of diseases. There are various formulations of *Chandraprabha Vati* in various *Samhitas*. In this article 11 formulations of *Chandraprabha Vati* have been discussed. *Rasa Yogasagara* has mentioned 5 types or varieties of *Chandraprabha Vati*. *Bharat Bhaishajya Ratnakar* has mentioned references from various books.^[13] In *Sharangadhara Samhita* 37 ingredients have been mentioned whereas *Guduchi* is excluded in *Bhaishajya Ratnavali*. According to *Aadamala Chandraprabha* is used as *Karpura* while in *Vaidyaka Shabdasinghu Chandraprabha* means *Kachura* or *Bakuchi*.^[14] Others have mentioned *Shatavari*. *Rasendra Sara Sangraha* has mentioned two varieties of *Chandraprabha Vati* one in *Prameha Adhikaara* and other in *Arsha Adhikaara* which is similar to *Bhavaprakasha* in *Vatarakta* chapter.

Chandraprabha vati has *Katu*, *Tikta*, *Kashaya* and *Madhura Rasa*, *Ushna Virya* and *Gunas* like *Laghu*, *Ushna*, *Tikshna* and *Ruksa*. It acts mainly on urinary and genitry systems. *Chandraprabha Vati* is mainly indicated in *Prameha* but according to *Rasa Yogasagara* 5th formulation it is indicated in *Switra Kushta* and *Bhrihat Rasaraja Sundaram* has indicated in *Jwara Atisara* and *Arsha* chapters.

According to Dosha - *Chandrapabha Vati* is mainly *Tridoshaja* more commonly *Vatakapha Shamaka* in nature

According to Dhatu - On analyzing the indications and properties this *Vati* acts on *Rasa*, *Rakta*, *Mamsa*, *Medas*, *Asthi*, *Majja*, *Shukra Dhatu*s

According to Rogamarga

Diseases in *Bahya Rogamarga* - *Vicharchika*, *Arshas*, *Shwitra Kushta*, *Kandu*

Diseases in *Madhyama Rogamarga* - *Kati Shula*, *Mutrakrichra*, *Mutraghata*, *Prameha*, *Pandu*, *Kamala*, *Halimaka*, *Antra Vriddhi*

Diseases in *Abhyantara Rogamarga* - *Swasa*, *Kasa*, *Arshas*, *Udara*, *Jwara*, *Atisara*, *Vibandha*, *Anaha*, *Pliha Roga*, *Udara*, *Aruchi*, *Agnimandhya*

According to Srotas

Pranavaha Srotas - *Kasa*, *Swasa*,

Annavaha Srotas - *Agnimandhya*, *Aruchi*, *Shoola*, *Anaha*

Udakavaha Srotas - *Udara*, *Atisara*

Rasavaha Srotas - *Jwara*, *Pandu*

Raktavaha Srotas - *Kamala*, *Halimaka*, *Vicharchika*, *Shvitra*

Mamsa-Medo Vaha Srotas - *Prameha*

Asthi-Majja Vaha Srotas - *Kati Shula*

Sukravaha Srotas - *Artava Rogas*, *Pumsatva*

Mutravaha Srotas - *Mutrakrichra*, *Mutraghata*, *Ashmari*, *Bhagandhara*

Purishavaha Srotas - *Atisara*, *Arshas*, *Vibandha*

The drugs like *Trivrit*, *Pippalimoola*, *Guggulu*, *Yavakshara* relieve anxiety & pain. Drugs having anti-inflammatory properties are *Karpoora*, *Musta*, *Devadaru*, *Guggulu*, *Triphala*, *Ela*, *Shilajatu* & *Makshika Bhasma* help in reducing the pain.^[15] As it contains *Loha Bhasma* and *Shilajatu* it helps in increasing the *Bala* and reduce fatigue and general debility.

Vitsanga may be considered as *Apana Vata Vaigunya* and can be understood as constipation. Constipation can also be associated with diverticular disease. *Rukshata* of *Pakwashaya* is one of the important causes for *Vitsanga* and the ingredients of *Chandraprabha Vati* helps in *Apana Anulomana* thereby relieving constipation.

In *Yakrut Vikara* (hepatomegaly), due to *Tikta Katu Rasa*, *Kapha Hara* and *Mutrala* properties of *Chandraprabha Vati* it helps in reducing the symptoms. In *Kumbha Kamala*, jaundice patients end up in ascites with portal hypertension. The liver tissues are replaced by scar tissue. So, *Chandraprabha Vati* possesses properties like *Tikta Madhura Rasa*, *Agni Dipana*, *Yakrut Visheshha* and *Rasayana*.

In *Prameha* there will be *Mutra Atipravritti* and *Chala Guna* of *Vata* increases, so *Sthira* and *Sthambana* line of treatment should be adopted. *Avarna Janya Madumeha* mainly vitiates *Kapha* and *Pitta* which in turn disrupts *Dhatwagni* and *Jataragni* thereby hampering the *Dhatu*s. *Chandraprabha Vati* due to its *Laghu*, *Ruksha Guna* helps in *Sodhana* of *Bahudrava Shleshma* and decreases the vitiating *Kleda*. *Shilajatu* and *Guggulu* have properties like *Virukshna* and *Chedaneya* which acts on *Kapha Dosha* and also have *Rasayana* properties which helps in *Madhumeha*

CONCLUSION

Chandraprabha Vati is a herbo mineral classical formulation having wide range of indications and is efficient mostly in genito-urinary diseases. In clinical practice *Chandraprabha Vati* of *Sharangdhara Samhita* is been used widely which is also mentioned in AFI. It has many therapeutic utilities in multi system organ.

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