Preparation of Malkangni Apamarga Kshara Taila

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INTRODUCTION

In the present era, plant derived products are gaining importance as medicinal products. Herbal medicines are widely used in health care in both developed and developing countries.

According to an estimate of World Health Organisation about 80% of the world population still uses herbs and other traditional medicines for their primary health care needs. Ayurveda utilizes different forms of herbs in therapeutics. Kshara is one among such forms.

Preparation of Malkangni Apamarga Kshara Tailam

Malkangni Apamarga Kshara Tailam was prepared using one part of Jyotishmati Tailam, seven parts of Apamarga Panchanga (which is obtained after burning, dissolving in water and filtration of the Apamarga Panchang) and Malkangni seeds oil (oil extraction is done by crushing the Malkangni seeds in an electric fitted crusher).

Key words: Achyranthes aspera, Apamarga, Apamarga Kshara, Ksharodak, Celastrus panniculatus, Jyotishmati Taila.

ABSTRACT

Generally, Tailas and Ghritas have been prepared by using Kalka (paste) and Drava Dravya (Swarasa or Kwatha). However, Malkangni Apamarga Kshara Tailam was prepared by using Apamarga Ksharodak (which is obtained after burning, dissolving in water and filtration of the Apamarga Panchang) and Malkangni seeds oil (oil extraction is done by crushing the Malkangni seeds in an electric fitted crusher).

Key words: Achyranthes aspera, Apamarga, Apamarga Kshara, Ksharodak, Celastrus panniculatus, Jyotishmati Taila.

Method of oil extraction

The fresh seeds of Jyotishmati seeds were processed and dried in sun light. All the impurities removed and then subjected for oil extraction. Method used for the oil extraction is by crushing the seeds in an electric fitted crusher.

Preparation of Ksharodaka

Panchanga of Apamarga

Ignited in a wide mouthed iron vessel in open place

Completely burnt down and ash allowed to cool down

Ash filtrate dissolved in six times of water

Kept for one night undisturbed

Supernatant water portion separated

Filtered this separated water through three folded cloth

For 21 times

The liquid thus obtained is called Ksharodaka

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Preparation of Kshara Tailam

For the preparation of Malkangni Apamarga Kshara Tailam seven parts of Ksharodaka was taken in a wide mouthed stainless-steel utensil and heated till Ksharodaka was warmed, after that one part of Jyotismati Tailam was added in to it. It was continuously stirred during heating. Cooking was done on moderate heat, and then heat it till all the moisture evaporates. Obtained oil was collected in a glass bottles. The process is done seven times each with seven parts of Kshar Jala and one part of Jyotismati Tail. The whole procedure was completed within seven days.

7 parts of Ksharodaka + 1 part of Jyotismati Tailam
↓
Heated till all the moisture evaporates
↓
Process is done 7 times each with 7 parts of Kshara Jala.
↓
Malkangni Apamarga Kshara Tailam

CONCLUSION

Malkangni Apamarga Kshara Tailam is a rare type of Ayurvedic formulation mentioned in classical texts of Ayurveda. Normal types of Tail (Oil) are prepared from fresh drug while Malkangni Apamarga Kshara Tailam is unique type of preparation prepared after ashing of plant materials.

The purpose of formation of Malkangni Apamarga Kshara Tailam is to ensure its therapeutic efficacy. Malkangni Apamarga Kshara Tailam prepared with Apamarga Ksharodka & Jyotishmati Tail.

REFERENCES


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