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Preparation of *Malkangni Apamarga Kshara Taila*

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ABSTRACT

Generally, *Tailas* and *Ghrithas* have been prepared by using *Kalka* (paste) and *Drava Dravya* (*Swarasa* or *Kwatha*). However, *Malkangni Apamarga Kshara Tailam* was prepared by using *Apamarga Ksharodak* (which is obtained after burning, dissolving in water and filtration of the *Apamarga Panchang*) and *Malkangni* seeds oil (oil extraction is done by crushing the *Malkangni* seeds in an electric fitted crusher).

Key words: *Achyranthes aspera*, *Apamarga*, *Apamarga Kshara*, *Ksharodak*, *Celastrus panniculatus*, *Jyotishmati Taila*.

INTRODUCTION

In the present era, plant derived products are gaining importance as medicinal products. Herbal medicines are widely used in health care in both developed and developing countries.

According to an estimate of World Health Organisation about 80% of the world population still uses herbs and other traditional medicines for their primary health care needs. *Ayurveda* utilizes different forms of herbs in therapeutics. *Kshara* is one among such forms.

Preparation of *Malkangni Apamarga Kshara Tailam*

Malkangni Apamarga Kshara Tailam was prepared using one part of *Jyotishmati Tailam*, seven parts of *Ksharodaka*.

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Method of oil extraction

The fresh seeds of *Jyotishmati* seeds were processed and dried in sun light. All the impurities removed and then subjected for oil extraction. Method used for the oil extraction is by crushing the seeds in an electric fitted crusher.

Preparation of *Ksharodaka*

Panchanga of *Apamarga*



Ignited in a wide mouthed iron vessel in open place



Completely burnt down and ash allowed to cool down



Ash filtrate dissolved in six times of water



Kept for one night undisturbed



Supernatant water portion separated



Filtered this separated water through three folded cloth



For 21 times



The liquid thus obtained is called *Ksharodaka*

Preparation of Kshara Tailam**Preparation of Kshara Tailam**

For the preparation of *Malkangni Apamarga Kshara Tailam* seven parts of *Ksharodaka* was taken in a wide mouthed stainless-steel utensil and heated till *Ksharodaka* was warmed, after that one part of *Jyotismati Tailam* was added in to it. It was continuously stirred during heating. Cooking was done on moderate heat, and then heat it till all the moisture evaporates. Obtained oil was collected in a glass bottles. The process is done seven times each with seven parts of *Kshar Jala* and one part of *Jyotismati Tail*. The whole procedure was completed within seven days.

7 parts of *Ksharodaka* + 1 part of *Jyotismati Tailam*



Heated till all the moisture evaporates



Process is done 7 times each with 7 parts of *Kshara Jala*.



Maakangni Apamarga Kshara Tailam

CONCLUSION

Malkangni Apamarga Kshara Tailam is a rare type of *Ayurvedic* formulation mentioned in classical texts of *Ayurveda*. Normal types of *Tail* (Oil) are prepared from fresh drug while *Malkangni Apamarga Kshara Tailam* is unique type of preparation prepared after ashing of plant materials.

The purpose of formation of *Malkangni Apamarga Kshara Tailam* is to ensure its therapeutic efficacy. *Malkangni Apamarga Kshara Tailam* prepared with *Apamarga Ksharodka* & *Jyotishmati Tail*.

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