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Excerpts of Daivavyapashraya Chikitsa in unpublished manuscript Kashyapa Samhita - A New Outlook

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ABSTRACT

The concept of *Daivavyapashraya Chikitsa* (a modality of treatment based on past deeds and pleasing of god) has been given least importance in the available Ayurvedic classics. Here is the study of a manuscript named *Kashyapa Samhita* which is quite different from deemed *Kashyapa Samhita* that is known off. The study was carried out by deciphering and critically editing six manuscripts collected from IPGT & RA (with accession no. 6512 and 10779), Tanjore Sarasvati Mahal Library (with accession no. 11045), Sampurnananda Library, Varanasi (with accession no. 1088604) and Oriental Research Institute, Mysore (with accession no. A129), MS University Baroda Library (with accession no. 13474B). This manuscript brings out ample references regarding *Daivavyapashraya Chikitsa* for different diseases caused due to sinful acts.

Key words: Kashyapa Samhita, Daivavyapashraya Chikitsa, Manuscript, Ayurveda.

INTRODUCTION

The word *Daiva* refers to sinful acts committed in previous births. In general the word *Vyapashraya* means that which gives *Ashraya* (which facilitates for).

According to the derivation the word Daivavyapashraya implies two meanings

- One which is opposite to Daiva Hetuviparita Chikitsa (a treatment modality based on causative factors)
- One which depends on Daiva (related to god, divine and celestial bodies)

There are very few references regarding

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Daivavyapashraya Chikitsa (a modality of treatment based on past deeds and pleasing of god) in available Ayurvedic classics. In Charaka Samhita, Daivavvapashrava Chikitsa is one of the three modalities of treatment^[1] mentioned for *Sharirika* Dosha (bodily elements) and Manasika Dosha (psychological attributes). Commenting on this, Acharya Chakrapani explains that Daivavyapashraya Chikitsa is mentioned first among three types of treatments because its mode of action can't be ascertained through a general logic but yields immediate results and is very convenient.[2] Daivavyapashraya Chikitsa acts on the basis of Prabhava (unknown / unexplainable mode of action) without coming into contact with Jatharagni (not undergoing digestion but showing its action).[3] All the available classics give importance for Purushakara (actions done in this life). For instance, in case of Janopadhvamsa Vyādhi (epidemic diseases), Panchakarma (Ayurvedic purificatory procedures) is mentioned as the prime treatment followed by therapy).[4] Rasayana (rejuvenating The Janapadodhvamsa could be very easily understood to be Karmajanita (due to deeds committed in previous lives) and even for that Yuktivyapashraya Chikitsa (treatment done based on logical understanding) has

been advocated first where no much explanations for *Daivavyapashraya Chikitsa* is given.

In Ayurveda, the relation between the celestial gods and the human beings is complimentary to one another in such a way that the gods protect the human beings and provide them with timely change of climates, maintain the equilibrium in nature which is a resultant of *Bali* (offerings), *Japa* (chanting of hymns in repetition) and *Homa* (offering ghee to holy fire along with chanting hymns) performed by human to satisfy the celestial gods. This cycle continues until disturbed by humans. The sinful acts done by the human also ease off by following *Japa*, *Tapa* (penance) and *Homa*.^[5]

The topic discussed is references of *Daivavyapashraya Chikitsa* in *Kashyapa Samhita*. Here *Kashyapa Samhita* is a different manuscript which was until now unexplored, unedited and unpublished.^[6]

OBJECTIVE OF THE STUDY

To explore, analyze and interpret the Daivavyapashraya Chikitsa mentioned in Kashyapa Samhita.

MATERIALS AND METHODS

The copies of the text for its availability was identified using

- 1. A Check List of Sanskrit Medical Manuscripts in India by Rama Rao.
- 2. Sanskrit Medical Manuscripts in India, 2nd ed. New Delhi: CCRAS; 2005.

Six manuscript copies from Gujarat Ayurved University Library (with accession no 6512 and 10779), Tanjore Sarasvati Mahal Library (with accession no. 11045), Sampurnananda Library Varanasi (with accession no. 1088604) and Oriental Research Institute Mysore (with accession no. A129), MS University Baroda Library (with accession no. 13474B) were collected based on similarity in Title, Author, Subject and Language. The Manuscripts were procured from the repositories with permission obtained duly from the authorities concerned through proper channel. For the critical study of the manuscript, a scientific

protocol as mentioned in the book named *Introduction to Manuscriptology* by R.S. Shivaganesha Murthy was followed. The process of critical edition was done under lower criticism comprising of following stages viz; i) Deciphering ii) Transliteration iii) Collation iv) Recension v) Emendation vi) Critical analysis vii) English translation.^[7]

OBSERVATION AND DISCUSSION

In this Kashyapa Samhita every disease is explained in a general protocol of headings under Samanya Nidana, Lakshana, Chikitsa (general cause, symptom and treatment), Rogabheda (classification), Vishesha Nidana, Laksana and Chikitsa (specific cause, symptom and treatment), Sadhyasadhyata (prognosis) and Pathya (diet). If looked into this approach, at every step Daivavyapashraya had been given more importance be it Nidana (cause), Samprapti (manifestation) or the Chikitsa (treatment). There are specific reasons mentioned for causation of disease and particularly the sins which cause it as shown in the table 1.

Table 1: Relation between sins and disease.

Papakarma (sins)	Vyadhi (disease)
Selling cows, not offering feed to cows, slaughtering of cows and its calves, tying up and beating cows, starving cows to death.	Vatavyadhi (diseases caused by excessive vitiation of Vata)
Cheating one's own brother and killing him to fulfill desire of accumulating wealth.	Arshas (piles)
Showing affection initially and later cheats and kills a king, employer, worker, wife at night.	Visarpa (erysipelas)
Hating one's own father, abusing harming and depriving him off food and clothing, abandoning him and not taking proper care.	Gulma

Physically harming one's mother, abusing, depriving her of food and cloth.	Udara (ascites)
Killing a teacher's wife and encroaching his properties,	Pandu (anaemia)
Disrespecting a teacher, murdering and cheating teacher's relatives, encroaching teacher's properties, destroying house of a teacher with fire.	Prameha (diabetes)
Disrespecting one's husband	Pradara (metrorrhagia)
Terminating pregnancy	<i>Yakritroga</i> (liver disorders)
Encroaching others properties, stealing others money.	Shiroroga (diseases affecting head and scalp)

The pathogenesis of the diseases here are different from that of the *Yuktivyapashraya*. After the exposure to the cause the state of bodily elements and psychological attributes are not mentioned. It directly explains about the outcome in terms of different kinds of sufferings one has to undergo. Later is the manifestation of diseases which are the diseases manifesting in future birth to come as shown in the table 2.

Table 2: Number of live a person has to suffer in the form of various diseases.

Roga (disease)	Janma (Number of live)
Arshas, Grahani (dysentery), Pliha (splenic disorders), Pandu, Shopha (oedema), Visarpa	4
Pradara, Unmada (insanity), Kasa (cough),	5
Udara, Gulma	12
Shula (colic pain), Kamala (jaundice), Netraroga (eye disorder), Vandhya (infertility)	8

Meha, Kushta (skin diseases)	20
Yakrit Roga	3
Garbharoga (diseases affecting a pregnant woman)	9

The general classification of diseases given in Ayurvedic treatises are basically based on the predominance of vitiated *Dosha* and accordingly the type of disease occurs but here there is a specific symptom told for the occurrence of even each types of diseases based on the principles of *Karmaphala* (effects of previous deeds). One has to experience the *Karmaphala* according to the actions and he is liable to go to hell as a consequence of committed sins and may get imprints of the same seen in all the rebirths as shown in the table 3.

Table 3: Classification of *Vandhya* based on symptoms in different rebirths.

Eight types of Vandhya	Symptoms
Prathamajanma (first life)	Experiencing pain during coitus, devoid of progeny.
Dvitiyajanma (second life)	Having abortion 1-7 times.
Tritiiyajanma (third life)	Having still birth 1-5 times.
Chaturthajanma (fourth life)	Formation of ulcer in female genital tract.
Panchamajanma (fifth life)	Giving birth to 1-7 female children, still birth of male child.
Shashtajanma (sixth life)	having one male child.
Saptamajanma (seventh life)	Experiencing severe pain in female genital tract and formation of ulcer.
Ashtamajanma (eighth life)	Misunderstanding between husband and wife, being devoid of progeny.

The other uniqueness in Daivavyapashraya Chikitsa here is that the Prayashchitta (a religious act to atone for sin) may be same like conduction of Rudrabhisheka (pouring specific amount of water on idol of lord Shiva) while chanting Panchakshari (Om Namah Shivaya), worshipping lord Vishnu while chanting Ashtakshari (Om Namo Narayanaya) and Danakarma (offerings) but according to specific disease the quantity of usage of ingredients going into the ritual may vary as shown in the table 4 and table 5.

Table 4: The number of pots filled with water to be poured on idol of *Shiva* while chanting *Panchakshari* according to specific diseases.

Roga	No of pots to be used for Rudrabhisheka
Vatavyadhi, Jvara, Atisara (diarrhoea), Arshas, Visarpa, Udara	1030
Vandhya, Yakridroga, Shopha, Pandu	64000
Prameha	4,00,000
Shvasa	2,00,000

Table 5: The number of *Tulasi* and varieties of flowers to be used for *Vishnupuja* according to specific diseases.

Roga	Number of <i>Tulasi</i> and varieties of flowers to be used for <i>Vishnupuja</i>
Agnimandya (loss of appetite), Mukaroga (diseases of mouth), Udara, Gulma, Masurika (small pox)	16 lac
Vandhya, Gulma,Shula,,Unmada	1 crore
Grahani, Visarpa	1 lac
Arshas, Pliha, Yakritroga	8 lac

Shopha, Pandu, Shushkaroga (emaciation), Somaroga (leucorrhoea), Badhira (impaired hearing), Udara	20 lac
Prameha	100 lac
Shvasa (dyspnoea), Kasa	12 lac

The subject matter dealt in Kashypa Samhita is unique way of description as compared to other Ayurvedic treatises. It follows a method which is commonly seen in the Purana (sacred works dealing with Hindu mythology) like Bhagavata^[8] and Garuda Purana.^[9] It is assumed generally that all the existent knowledge of the universe has been originated from the Veda (sacred knowledge) and one can get scattered references of all subjects in Veda. The Purana expounds the subject which is not mentioned both in Veda and Smriti (composition related to laws of religion).[10] The subject matter dealt in Veda was difficult to understand for common man's intellect. Hence it was required to understand it in a simple manner. This was the reason for Vedavyasa to propound the Purana.[11] In the Purana it is believed that the fruit of all the actions often experienced in this life and it will be carried forward after death to the next life. The intension behind stating this fruit of action is to lead people to righteous and meaningful life. The impact of Purana is evident even in this Kashyapa Samhita. In Ashtanga Hridaya the first verse starts with "Ragadi Rogan" (psychological factors leading to disease) but the explanation or the spectrum of it is not well appreciated^[12] where as this could be understood in this particular Kashypa Samhita.

Garudapurana is one of the eighteen Mahapurana, belonging to Vaishnavism (people who mainly worship Vishnu). It explains three types of Danakarma (offerings). The one which is done in general with whatever is available with a person without any expected return is known as Nitya. The one used for getting rid of sins specifically is Naimittika and the one intended for getting child, wealth and heaven is known as Kamya dana. [13] Similar explanations of

Danakarma are seen here wherein it can be ascertained that the Naimittika Danakarmas are mentioned in the section dealing with diseases as shown in the table 6.

Table 6: Naimittika Danakarma in different diseases.

Roga	Danakarma
Shiroroga	Idol of <i>Lakshminarayana</i> , Idol of <i>Shiva</i> made of copper, a vessel filled with sesame seeds, a vessel filled with gingili oil.
Mutrakricchra (urinary incontinence)	Cot, Servant, Umbrella, Bull and Jaggery.
Kasa	Servant, Black gram, Goat, Jaggery.
Shula	Coconut and Lemon.
Shvasa	A vessel filled with ghee, a vessel filled with honey, Black gram, Jaggery
Pandu	Servant, Cot, Ox, Cotton and Salt
Yakritroga	Mercury, Idol of <i>Shiva</i> made of copper, Buffalo, Goat, a vessel filled with sesame seeds.

The list of non curable diseases is mentioned at the end of each chapter. But even for it treatment in the form of Daivavyapashraya Chikitsa and mercurial preparations are mentioned. This implies that diseases which are considered to be Asadhya (incurable) could be given a try using this treatment. Harita Samhita - a book of 16-17th Cent AD has mentioned that, Daivavyapashraya Chikitsa should be followed when all the other medical approaches fail to give result. He opines that all the diseases are the resultants of one's own deeds. The cure of the disease dependent on knowingly or unknowingly committing a sin. Unknowingly if a sin is committed and after realizing the mistake if one follows Prayashcitta then disease becomes easily curable. [14] Here in this Kashyapa Samhita the approach of looking into a disease is such that the sins are the primary cause for the manifestation of any disease which is in the lines of the approach dealt in *Harita Samhita*.

CONCLUSION

Going through the Ayurvedic classics one may find few references of application Daivavyapashraya Chikitsa whereas this unpublished Kashyapa Samhita opens up a wide approach for Daivavyapashraya Chikitsa which is quite unique and rare. It throws light on the importance of Karma and Karmaphala. It explains about the unique type of Adana (symptom), Nidana (cause and pathology) and Prayaschitta. Though influence of Purana is seen in the text, the uniqueness is seen in proving the efficiency and skilfulness of the author. This Kashyapa Samhita helps in enriching and filling up the lacunas of Daivavyapashraya Chikitsa in Ayurveda.

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